

# — IN A — PERFECT WORLD

## Birthday-in-a-Bag for Kids in Need



Imagine your birthday came and there was no cake, no balloons, no party. How would that feel? Some kids don't get to celebrate their birthday, but you can change that! With the Birthday-in-a-Bag project, you can put together a special party in a bag—complete with cake mix, decorations, and a handmade card—to bring smiles to kids who need them. It's a fun and easy way to share kindness and make sure every child feels celebrated on their special day!

### What You'll Need:

- Gift bags or boxes
- Cake mix
- Frosting & candles
- Party plates & napkins
- Balloons & streamers
- Small toys or activity books
- Handmade birthday cards

### What You'll Do:

- Decorate the gift bags or boxes.
- Choose items to put in each bag
- Make birthday cards with personal messages.
- Ask the grown-ups to call a local shelter, school, or food bank to donate the bags.
- If possible, hand-deliver the kits and see the impact you're making!



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### For the Grown-ups:

#### Discussion (10 min)

- Ask children what makes their birthday feel special.
- Explain that some kids don't have the chance to celebrate with a cake or decorations.
- Brainstorm how we can bring joy to others with a small gesture.



#### Assemble Birthday Bags (20-30 min)

- Have the children decorate the gift bags or boxes.
- Let them choose items to place in each bag, making sure every kit has a full set.
- Write and decorate birthday cards with personal messages.
- Don't forget to take pictures!

#### Delivering the Bags (Varies)

- Contact a local shelter, school, or food bank to donate the bags.
- If possible, allow children to hand-deliver the kits and see the impact.

#### Discussion Questions:

- Why do you think birthdays are important?
- How would you feel if you received one of these birthday bags?
- What are other ways we can celebrate kids who might not have birthday parties?

### Optional Extensions:

DIY Cake Jars: Instead of cake mix, provide small mason jars filled with pre-measured dry ingredients for a "cake in a jar" gift.

Themed Bags: Customize bags for different ages (e.g., superhero-themed for young kids, art kits for older kids).