



Did you know that all young people have the power to change the world? Even something as simple as feeding birds can make a world of difference. It's true! By feeding birds, you help nature stay balanced, because in nature everything is connected. So when you feed birds, you help baby birds survive. More birds eat more insects, so people don't have to use chemicals to control them. And if you don't use chemicals, the environment is better for you, your family, your pets, our water and of course... birds! So let's get to work...

WHAT YOU'LL NEED

- TOILET PAPER ROLLS
- PEANUT BUTTER (OR SUNFLOWER BUTTER!)
- BIRD SEEDS
- SPREADING TOOLS (LIKE BUTTER KNIVES OR WOODEN CRAFT STICKS)
- TWINE (OPTIONAL)

STEP 1: Grab a toilet paper roll and cover it in peanut (or sunflower) butter.

Till 7: Take your toilet paper roll and roll it in the bird seed.

STEP 3: Repeat these steps, making a few bird feeders.

STEP 4: Once they're all covered in seeds, they are ready to be hung.

STEP 5: Hang your new bird feeders on tree branches or use your twine. You may want to hang them outside your window so you can watch the birds without scaring them away!

DON'T FORGET TO TAKE PICTURES!

We love to share stories of our friends practicing *Everyday Kindness*! Tag us @perfectworldfdn on Instagram and use the hashtags #EverydayKindness and #IAPWEveryday so we can see your beautiful creations!

